

**Applying Functional Medicine and Nutritional Approach in
Clinical Practice - Inflammatory and Diabetes Diseases**
从功能医学与营养介入探讨发炎与血糖异常之临床应用
May 23-25, 2014

May 23, 2014 (Fri) 5 月 23 日 (周五)

TIME	SCHEDULE
14:00 – 17:30	报道 REGISTRATION

May 24, 2014 (Sat) 5 月 24 日 (周六)

TIME	SCHEDULE
08:00 – 08:30	报到 REGISTRATION
08:30 – 09:40	功能医学与营养素概念介绍 (概论) Introduction of Functional Medicine and Nutrition 吕美宝营养师 Mei-Pao Lu, MS
09:40 – 10:00	茶歇 TEA BREAK
10:00 – 10:40	功能医学简介以及在北美发展现状 Introduction of Functional Medicine and development in the United States Julie Xiaomei Zhou, MD
10:40 – 12:00	健康从肠胃道开始 – 肠道炎症反应及代谢修复 Health from the Inside Out: Improving Intestinal Health with Nutrition 吕美宝营养师 Mei-Pao Lu, MS
12:00 – 13:30	午休 LUNCH
13:30 – 15:00	氧化压力与发炎 – 气喘及睡眠呼吸中止症之临床探讨及营养治疗 Oxidative Stress, Inflammation, and Nutritional Approach on Asthma and Obstructive Sleep Apnea Syndrome 刘博仁医师 Po-Jen Liu, MD
15:00 – 15:20	茶歇 TEA BREAK

15:20 – 17:00	过敏疾病之临床探讨及营养治疗 Allergic Diseases and Nutritional Approach 刘博仁医师 Po-Jen Liu, MD
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May 25, 2014 (Sun) 5 月 25 日（周日）

TIME	SCHEDULE
08:00 – 08:30	报到 REGISTRATION
08:30 – 09:50	代谢症候群与血糖调节之临床探讨及营养治疗 Metabolic Syndrome, Diabetics and Nutritional Approach 刘博仁医师 Po-Jen Liu, MD
09:50 – 10:10	茶歇 TEA BREAK
10:20 – 11:40	功能医学对免疫系统的作用及应用（慢性食物过敏以及检测） Functional Medicine on the role of the Immune System Julie Xiaomei Zhou, MD
11:40-12:10	提问与讨论 Open Discussion
12:10 – 13:30	午休 LUNCH
13:30 – 15:00	功能医学对代谢系统的作用及应用（胰岛素抵抗以及检测） Functional Medicine on the role of the Metabolic System Julie Xiaomei Zhou, MD
15:00-16:00	提问与讨论 Open Discussion